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INTERNATIONAL DISASTER AND EMERGENCY AID WITH LONG TERM SUPPORT

Registered Charity No 1080144

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TRUSTEES ANNUAL REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2017

**Barnes Roffe LLP**  
Chartered Accountants  
Charles Lake House  
Claire Causeway  
Crossways Business Park  
Dartford  
Kent  
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**International Disaster and Emergency Aid with Long term Support**

**Accounts for the Year Ended 31 March 2017**

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**Trustees' Annual Report**

**Governing Document** IDEALS is a Charitable Trust created by a Declaration of Trust dated 1 February 2000

**REFERENCE AND ADMINISTRATION DETAILS**

**Other Names Charity is known by** IDEALS

**Registered Charity No.** 1080144

**Address**  
36 Priestfields  
Rochester  
Kent, ME1 3AG

**Trustees**

Mr Simon Oliver (Founding Trustee)

Mr John Beavis MB, FRCS, DMCC (Chairman)

Dr Andrew Ferguson MRCGP MFPHM MPH DTMH (Vice Chairman)

Dr Eamon McCoy MD, FRCA

Mr Oliver McTernan

Sir Terence English KBE, PPRCS(Eng)

Mr Graeme Groom MA FRCS

Ms Sarah Phillips BSc MB FRCS

Ms Pamela Zinkin FRCP FRCPCH

Jerome Curran MA (Oxon)

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**Finance Controller**

Mr Leon Date

**Bankers**

NatWest Chatham A Branch,  
148 Chatham High St,  
ME4 3AG

**Accountants**

Barnes Roffe LLP  
Chartered Accountants  
Charles Lake House, Claire Causeway,  
Crossways Business Park, Dartford, Kent, DA2  
6QA

**STRUCTURE GOVERNANCE AND MANAGEMENT**

**Trustee Selection**

The Trust requires a minimum of three trustees and every trustee shall be appointed for a term of five years by a resolution at a special meeting. Trustees are selected for their ability to make an effective contribution to the charity in terms of skill and experience. The target number of Trustees is not fixed and additional Trustees may be appointed after identifying attributes that complement those of the existing board. After many years offering loyal support we were sorry to accept the resignation of Bob Marshall-Andrews QC. Bob will be missed for his wisdom, enthusiasm and great sense of humour.

**Management**

IDEALS have no paid full time employees and is run by the Trustees two of whom are the Chairman, John Beavis, and the vice Chairman Trustee, Dr Andrew Ferguson. For technical activities, such as taking of minutes and oversee of accounts, fees are allowed. The charity is reliant upon the time, skill and resources donated by its Trustees and other supporters, for which it is extremely grateful. The Trustees receive no remuneration or other benefits.

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#### Relationship with Other Parties and Organisations

The charity, IDEALS has worked since 2003 with the **Primary Trauma Care Foundation** in promoting the Foundation's method of Primary Trauma Care training in Pakistan and Gaza. IDEALS have also established a working relationship with **Community Appraisal and Motivation Programme** (a registered Charity in Pakistan, who have been responsible for delivering medical and humanitarian aid projects on behalf of IDEALS).

In addition, we continue to develop excellent cooperation with the organisation **Medical Aid for Palestinians (MAP)** which, as its name signifies, is devoted to the medical assistance for Palestinians wherever they are. This organisation was vital for the PTC activities in Gaza but, as we extend our work in the area, it has been very important to work with MAP in order to obtain advice and for logistic support.

IDEALS have been able to assess and partake in work related to water purification in Gaza because of a generous grant from the **International Organisation Mercy Malaysia**.

A continued cooperation with, and grants from, **The Tropical Health and Education Trust (THET)**, have continued with expansion into a second major set of projects in Gaza related to training Accident Emergency personnel, Theatre Staff, Physiotherapists and Occupational Therapists in the care of injured patients.

The work in Gaza since 2014 has been of many sorts which has resulted in cooperation with the Norwegian Government organisation; **Norwegian Aid Committee, (NORWAC)**, for surgical care of war injured patients and more recently **Public Health England** and Mercy Malaysia with attention to problems of water quality control. The Activities of IDEALS with their Surgical partner NORWAC and with MAP has resulted in a changing pattern of activity in Theatres which will be described subsequently.

An organisation known as **Blue Mission** is our Partner in Southern Lebanon in a project of Primary Health Care to Syrian Refugees on the Syrian Lebanon border.

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#### **OBJECTS AND ACTIVITIES**

**Objects.** To relieve poverty, distress and suffering in any part of the world (including starvation, sickness or any physical disability or affliction) primarily arising from public calamity (including famine, earthquake, pestilence, war and civil disturbance) in particular by the provision of, or assistance in the provision of humanitarian long term rehabilitation and recovery programmes.

#### **Summary of Main Activities in Relation to these Objects**

In planning activities, the Trustees have kept in mind the Charity Commission's guidance on public benefit. IDEALS main activities include the provision of medical resources and the training and encouragement of local medical professionals to provide the benefit of a more effective response to the consequences of disasters and emergencies, especially in remote, rural and disadvantaged areas; ultimately with the aim to improve the chances of survival and recovery, for any member of the local communities. The activities include specific medical, economic or humanitarian projects to assist individuals and/or communities to rebuild their lives after a major catastrophe.

#### **Grant Making Policy and the Involvement of Trustees**

Identification of beneficiaries or projects has depended on direct information from fieldwork by the Medical Trustees, Sir Terence English, Mr John Beavis, Dr Eamon McCoy, Dr Andrew Ferguson, Sarah Phillips and Mr Graeme Groom.

Simon Oliver, the Founder of IDEALS, applies the astute and varied experience of a successful businessman in giving general advice and frequently organises fund raising for various ventures including the most recent one in Southern Lebanon.

Eamon, Sarah and Graeme bring substantial experience in "Trauma Care" including specialised aspects such as difficult airway management and Limb Reconstruction. In addition, they have considerable Post Graduate Teaching experience.

Sir Terence applies his long experience at the fore front of major Cardiac Surgery Post Graduate Teaching and Medical Administration to overseeing the projects.

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Dr Andy Ferguson applies a "broad brush" medical experience in considering the integration of specialities with the needs of communities. His wide clinical knowledge is combined with deep understanding of Public Health to give a full approach to the varied projects faced by IDEALS.

Pam Zinkin is a Paediatrician who, in addition to her NHS career, worked in Southern Africa during a period of conflict and social upheaval.

Oliver McTernan, has considerable experience of working in the Middle East, and elsewhere, in the field of conflict resolution producing practical advice in the changing circumstances of the area.

The advice and assessment of the Charity's projects and its financial and legal aspects is greatly assisted by our most recent Trustee Jerome Curran.

### IDEALS PROJECTS

During the year 2016 to 2017 IDEALS has, once again, expanded while continuing with its previous activities. The expansion of work was founded in part on previous projects and because of the persistent conflict in the Middle East. All IDEALS volunteers gave their time willingly and unpaid while often forfeiting annual leave to travel to Gaza. The project mainly involved staff from King's College Hospital but with significant input from Royal Victoria Hospital Belfast, The Royal London Hospital and Oxford. Volunteers from KCH, Belfast and Oxford included Trustees of IDEALS.

Previous Annual Reports described how IDEALS, in close collaboration with MAP, has been very active in Gaza and the West Bank since 2009. Since 2013 there has been an overlap of three phases of activity which had a high level of funding from THET.

#### The History and Developmental Structure of IDEALS Work in Gaza and the Middle East.

**Phase 1.** In 2013 the Tropical Health Education Trust (THET), funded by the UK government's Department for International Development (DfID), funded IDEALS to train senior orthopaedic surgeons from Gaza at the Limb Reconstruction Unit, King's College Hospital (KCH), London. Although one such Fellowship was interrupted by the July/August 2014 conflict (Operation Protective Edge), the project successfully was completed.

**Phase 2.** During the 2014 conflict MAP was funded by DfID, (£700,000) for direct medical aid to the Palestinian injured. IDEALS provided the medical aspect of a partnership with MAP for

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immediate care of complex limb injuries along with purchase of surgical instruments and other equipment for such work. The project also involved training of Gaza health workers most especially also in developing the Emergency hospital services of Emergency Departments. IDEALS were joined by NORWAC as a clinical partner. MoH, IDEALS, MAP and NORWAC, signed, and adhered to, a detailed Memorandum of Understanding.

**Phase 3.** This phase started with IDEALS being awarded a grant of £86,000 by THET to help the Ministry of Health (MoH) establish a GLRS along similar lines to the service at KCH. In parallel MAP allocated £179,000 to the project in 2015-16 and a further £197,000 in 2016-17. (In total eight visits by IDEALS teams were conducted between April 2015 and March 2017).

As part of recovery phase from the 2014 conflict was the development of Emergency Services by personnel from KCH. This was mainly based on the work undertaken at the Accident and Emergency Department at Shifa Hospital, Gaza City (THET 2).

An important part of this phase was the visit by Gaza Fellows in Nursing and Physiotherapy to KCH for training periods. These visits proved to be excellent adjuncts to the local Gaza training in Theatre Nursing, Ward work and Physiotherapy related to LRS and will be separately described.

#### **Limb Reconstruction Fellowships at Kings College Hospital (THET 1)**

Close connection between Gaza and KCH's Orthopaedic/Plastic Surgery was maintained by frequent visits which continued into the latter part of the reporting year of 2017 with the last one being in March. The IDEALS vice Chairman is also Director of Programmes of MAP where his considerable experience in Medicine and Public Health is utilised.

**Make up of Teams.** The members of the visiting Teams were pragmatically chosen for best ability to support the medical activity in Gaza. During the year, Eamon McCoy from Belfast was active in the training in "Difficult Airway Management" and shared his wide experience in the management of major trauma. The team members concentrating mainly on the Limb Reconstruction work included KCH Theatre Sister, Deborah Bond with wide experience of trauma and Limb Reconstruction and Victoria Anne Crawford, a Physiotherapist with extensive experience in LRS Also present in this year's visits was Sandesh Shetty a surgeon working at KCH who is highly experienced in trauma along with two Plastic Surgeons, Naveen Cavale from KCH and Tim Goodacre, who was from Oxford and had worked widely around the world. From KCH the Upper Limb Specialist, John Compson offered extensive knowledge of his speciality



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being joined by Matthew Barry a widely-experienced Trauma and Orthopaedic Surgeon from The Royal London Hospital. In addition, for the March 2017 visit a volunteer American Surgeon Grant 'O' Keefe joined the team and he added his considerable experience to the venture.

#### **Development of Emergency Services in Gaza THET 2 PROJECT**

AS stated in the report from the previous year, "*THET2 and is for the training both locally and at KCH of Gaza personnel to advance the quality of practice in the management of trauma, with a particular focus on the newly established limb reconstruction service, and the succeeding care of patients*".

In addition to the LRS Team there were visits associated with KCH Emergency and Trauma Personnel to undertake training in the organisation and delivery of acute Trauma Care. This dove tailed with visits from the LRS workers and included Dr Simon Calvert The Consultant in the Department of Accident and Emergency at KCH; Darren Darby, ANP Paediatric Resuscitation and with considerable experience in General Trauma Emergency Care; Mr Duncan Bew Consultant Vascular Surgeon and Clinical Lead for Trauma Surgery at KCH was a very important member of the visiting teams.

Lectures on the structure of a Major Trauma Service and specific scenarios for individual and multiple trauma were taught upon with the exchange of views and the development of an Instructor Cadre.

Dr Eamon McCoy, as part of his Immediate Resuscitation work with Difficult Airway instruction, was involved in the Emergency Service Tutorials utilising his personal experience from Belfast and his work with IDEALS in other parts of the world.

**Coordination with Colleagues.** Good cooperation has been maintained between IDEALS, MAP and NORWAC with the latter organisation undertaking independent but fully co-operating clinical visits. The Kings (KCH) Limb Reconstruction Team made four visits during this reporting year (April 2016 to March 2017).

**Typical Programme for the Visiting Team.** The schedule for the Team was to leave London for Tel Aviv very early on Saturday; stay overnight in Jerusalem and then on Sunday morning to travel across Israel and enter Gaza via the heavily controlled Erez crossing point. Each visit

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ensured that IDEALS established a working relationship with the Gaza Ministry of Health and Human Resources and Development Department based at Shifa Hospital.

The visits always began with a Clinical Symposium on the first evening, (Sunday), with attendance by a wide representation of Consultants and Trainees. The activity was made up of lectures, which increasingly were given by indigenous doctors, and followed by presentation of clinical cases with, again, the emphasis being on the local staff offering opinions and agreeing to continuing treatment. Four trauma/limb reconstruction symposia were delivered in this year.

The following day, (Monday) always involved a major clinic with previous cases being reviewed and new patients assessed for surgical treatment. These clinics were heavily biased towards teaching as well as "clinical decision making". A full theatre list occupied Tuesday and was followed on Wednesday by further surgical procedures and ward round assessment. After further clinical work on Thursday the Team left Gaza for the journey to London.

Visits during Reporting Year 2016 to 2017 were in May/June; August; November and March with the latter being the final agreed visit under the terms of the agreement with THET.

Since the beginning of the LRS work the visiting teams had brought in equipment both to initially supply and to replenish the used material. When entering Gaza via the Erez crossing in November 2016 it was disclosed by the Israeli Border Guards that all such equipment must be given permits for import and had to be registered. A concession on this occasion was given and the material opened and literally checked just prior to crossing but it was made clear that agreement for transfer of surgical equipment must be made well in advance.

With the final official visit now completed the results of the total project work can be disclosed. Dr Andy Ferguson prepared a report for THET which in summary contains the following information.

In **Phase 3**, 287 medical examinations were conducted by IDEALS, 112 by NORWAC and 324 independently by local doctors. Overall 723 outpatient assessments were conducted, on a total of 264 patients. During this time 104 operations were conducted by IDEALS, 34 by NORWAC and 46 independently by the local team. Overall 184 operations were conducted, on a total of 72

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patients. Two of these visits were in conjunction with NORWAC and all followed the pattern set out above. In addition, teams from NORWAC made a further three visits. Eight trauma/limb reconstruction symposia were delivered during this time with 4 in each reporting year.

Equipment to the total of £949,000 was taken into Gaza during Phase 3. As already stated this is now more difficult due to restriction on the decision by Israeli authorities that it may be possible use of medical equipment in manufacturing material to be used in war. For instance, now it is not permitted to import the transverse bone external fixators made from carbon fibre which are important components of the equipment essential to stabilise bones with complex fracture and severe soft tissue wounds. Such complex injuries are common in war. As a result of a grant to MAP from DfID, £500,000 of equipment was imported with a further grant purely from MAP of £434,000 while IDEALS received £15,000 as a grant from THET. It is recognised that this information is from two overlapping Charity Commission reporting years but the continuity of the project is illustrated by this method of presentation.

During this present reporting year two Nurses, (one for Theatre training and the other for ward and clinic training), from Shifa Hospital, Gaza City were resident at Kings College Hospital for several weeks. In addition, a Physiotherapist from Shifa Hospital was resident at KCH from late March until early May 2017 studying in a clinically practical sense with the King's Limb Reconstruction Service.

The journeys both ways were fraught with difficulties. The two (male) nurses were subjected to the problems of confinement in hangers at Cairo Airport when arriving and then again when leaving. Considerable amounts of personal effects were confiscated. During the two day journey across the Sinai Desert there was little drinking water or toilet facilities and they were again subjected to frequent searches, this was also known to be an area of "Isis" activity. The Physiotherapist, (a lady), had attempted to leave with her male colleague but he was sent back at the Gaza Egypt border and she had to travel alone. All of them describe the Sinai journey in both directions as frightening and uncertain. The Physiotherapist said in a, published, MAP interview, *"We had been waiting since 2015 to come here [to the UK] to study. We applied many times for a visa and worked very hard for this opportunity. After two years, we were given permission to exit through the Egyptian crossing, Rafah. But when we were at the Rafah border the Egyptian authorities said "go back" to my, (Male), colleague. This was shocking and made*

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*me very unhappy. I kept crying, I said "No, no I can't go alone". I talked to my colleague and told him I wanted to go back to Gaza with him, but he said to me, "No, go".*

One of the major problems on arriving in the UK was the uncertainty and short notice as to when the border would open and allow them to return. Although they, bravely, made the journey they were all concerned, during their residence in London, of the possibility of further hostilities occurring and of being trapped in the UK away from their families. Despite all this they all reported that the Fellowship periods at KCH were very valuable. The Physiotherapist also reported to MAP *"I have observed patients before their operations and in the outpatient clinic, when doctors make a clinical assessment to determine if the patient requires a frame or not. I have also observed patients after their operation in a ward and in the outpatient clinics. I have gained a lot of skills in outpatient care.* This is just one statement which, demonstrates the beneficial results of the massive clinical educational programme.

This international teaching project involved all of the LRS specialities, by UK based volunteer staff when working in Gaza and at KCH. The project required great effort and commitments of the UK staff in addition to their busy NHS obligations.

**The GLRS for Gaza Team** Dr Ferguson reported to THET: - "The GLRS has been established, led by Dr Mahmoud Matar, in conjunction with Dr Adnan Bursh and latterly Dr Essam Al Haddad. Two physiotherapists and two nurses (one in theatre and one in the clinic/wards) have been recruited to the GLRS. A plastic surgeon is available to the service when needed. This represents the first dedicated multidisciplinary team in a MoH hospital anywhere in Palestine; part of the first surgical sub-speciality in a MoH hospital anywhere in Palestine".

The appointment of the Limb Reconstruction Technical Coordinator, Shadi Alnajjar, for this work continues to be a very successful. Until now half of his salary was paid by NORWAC but from May 2017 IDEALS has taken on this responsibility.

**Skype video conferences.** In addition to visits, regular Skype (Video) conversation took place between KCH (Graeme Groom and Sarah Philips), and members of the Gaza Surgical Team (usually by Dr Mahmoud Matar, Dr Adnan Bursh and Essam Al Madhoun), the Nursing

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representatives (Mohammed Aslan and Nasser Almadhoun), Physiotherapists (Nisreen Naim, Ahmed M. H. Alqano) and representatives of MAP (Shadi Al Najjar, Mahmoud Al Shalabi).

Fifty-seven video conferences were undertaken from the beginning in up until the end of March 2017, (as often as one each week but certainly never less than once a month). This allowed consistent exchange of ideas on clinical problems and assessment of cases previously treated either by the visiting Team or independently by the local surgeons. They maintained both educational surveillance and intellectual exchange of the project along with continuity of administration from Gaza and the UK.

Regular Internet Clinical Documents on Complex Fractures facilitated continued communication between Gaza LRS and KCH allowed full description of cases and exchange of ideas on treatment. These clinical reports were usually discussed at the Skype Video conferences.

#### Public Health Projects in Gaza

As stated in the last submission to the Charity Commission, "*IDEALS is always concerned about the effects of war on the general medical problems and society. IDEALS continued to recognise it has a role to play in the Public Health of Gaza*".

#### Water Problems in Gaza

In April 2016 at the Royal Society of Medicine, Professor Silman of Public Health England described the problems of Gaza water supply being dependent on aquifers which was deteriorating in volume and quality each year. The aquifer contamination from sea water and heavy metals along with other sea borne inorganic contaminants is reducing the water quality in Gaza. The project, funded by Mercy Malaysia and in collaboration with MAP, was designated "Drinking Water Safety throughout Gaza".

IDEALS, Mercy Malaysia and MAP supported two experts, Professor Nigel Silman and Amber Lansley from Public Health England, in this field to visit Gaza in early August 2017. They instructed on the scientific background of water contamination and methods of analysis for Bacteriological Contamination and assessment for Chemical Impurities. The project objectives

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were to improve routine microbiological and chemical testing of drinking water in Gaza, in addition to providing capacity for such testing during emergencies. All project objectives were achieved in full, with no activities outstanding.

The two Gaza laboratories involved in the Drinking Water Safety project were United Nations Relief and Works Agency for Palestine Refugees (UNRWA) and Ministry of Health (MoH) Public Health Laboratory (PHL). Prior to the visit, equipment had been ordered and assessed with the manufacturers and UK Trainers.

The Gaza delegates to this course were instructed in the use of the equipment and the reading of analytical results in the water samples. This is primarily for potable drinking water but has its application to operating theatre methods. (It is interesting to note that overnight bacteriological incubation was successful despite a power cut). The Chemical analysis also include the use of apparatus for Heavy Metal analysis which is an increasing problem in water supplies in war zones. The aims and the results of the project were described by Dr Ferguson in his summary paper as: -

To improve routine microbiological and chemical testing of drinking water in Gaza.

**This was achieved in full as a result of: the procurement of badly needed equipment for both laboratories; and the training provided for staff of both laboratories.**

To provide capacity for microbiological and chemical testing of drinking water in Gaza during emergencies.

**This was also achieved in full as a result of the procurement of portable water quality testing kits for UNRWA and PHL (one kit for each of the five governorates for each agency; a total of 10 kits), and the training provided for staff of both agencies.**

Advice on theatre apparatus washing and sterilisation resulted in improved levels of sterility and preservation of expensive equipment.

**The introduction and training involving a variety of essential equipment necessary for this project allowed upgrade of the PHL and UNRWA water testing facilities as was the facility for water analysis during emergencies.**

This work coordinated well with the visits to UK of the Gaza Theatre Nurse and reciprocal visits from KCH by expert Theatre Nurses. This project was completed on 31<sup>st</sup> August 2016. During the previous year, Dr Robert C Spencer Consultant in Clinical & Environmental Microbiology undertook full assessment of theatre sterility and analysis of potential causes of infection with

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remedies. The work of the Public Health England team was therefore a coordinated effort with this earlier project.

**Assistance to a Gaza PhD student at Oxford Brookes University.**

In 2012/13, Hassan Alhallaq was an MSc Student in Electronic Business at Oxford Brookes University. He graduated with distinction, and for a couple of months before returning to Gaza, he was joined by his wife and two young sons in Oxford. They made many local friends.

Tragically, on 20 July 2014 during the attack on Gaza, Hassan's wife, children, mother and other relatives were killed. Hassan himself survived, but with severe injuries.

A Post Graduate Research Fund was established by supporters in Oxford so that, in due course, Hassan could be assisted in returning to Oxford to study for a PhD in "e-Banking". IDEALS were chosen as the Charity to help coordinate donations and payments.

Hassan has now made a good recovery from his injuries. He has returned to Oxford Brookes University, where he has begun studying and researching for a PhD in Electronic Banking. His employer – the Bank of Palestine – has granted him leave of absence for the duration of his study and they look forward to his return to Palestine, where his skills will be invaluable in helping the development of his country.

Oxford Brookes University has generously waived the fees for his PhD studies, but all financial support for his subsistence depend on raising sufficient voluntary contributions.

IDEALS are proud to assist Hassan by acting as the Registered Charity receiving donations and claiming Gift Aid when possible, and by ensuring that accommodation and other living costs are dealt with in a controlled, expeditious, and auditable way.

**Medical Support for Syrian Refugees in Settlements on  
Southern Lebanon Syrian Border**

The last Report included the statement: - *"In the immediate future, IDEALS intends to expand its activity in supporting the growing number of refugees from Syria mainly in camps in Lebanon.*

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*One way that is being considered is the renewal of our association with the organisation Blue Mission in Southern Lebanon, which was contracted by IDEALS to implement a very successful Primary Care Pro*

#### **SYRIAN, (NON-PALESTINIAN), REFUGEES IN LEBANON.**

There has been a massive escalation of the Syrian refugee crisis in the past 24 months. The highest number, 945,461, are hosted in Lebanon. To date nearly 1.5 million Syrian refugees who have fled the conflict are in Lebanon. The accommodation is very poor and there is often infected water and poor food supplies with the families susceptible to disease leading to various long term and debilitating permanent problems including.

To date 114,000 refugees are registered in the south of Lebanon. Almost half of those affected by the crisis are children and adolescents under 18. The children are currently growing up at risk, deprived of acute basic services and protection. With ongoing violence in Syria and a worsening humanitarian crisis inside Syria this figure will rise. The Syrian Refugees in Lebanon are living in "Settlements" which we understand are so called because the Lebanese Government will not allow the use of the term "Camps" because it might indicate a permanent site.

#### **Provision of High Quality Emergency Mobile Primary Health Care Services, (PHC)**

An IDEALS project for PHC, began in early 2014 and was completed in 2015, specifically to address the essential health needs of women and young children. All key objectives were achieved and the work was praised by organisations such as UN. Although initially taken over by the charity Islamic Relief it was decided that IDEALS would return when funds were available.

**The delivery of medical services to refugees of ALL ages began in January 2017.** Through this project, in partnership with the NGO, **Blue Mission**, "IDEALS" has paid staff and equipped a mobile clinic to provide outreach Primary Health Care services to a widely-dispersed population of Syrian refugees and members of communities in South Lebanon. Target areas are a mix of tented settlements, villages and communities known to host significant numbers of refugees. The team liaises with other health providers in the region to avoid duplication of services and refer appropriate patients on for further investigation and/or specialist treatment.



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The elderly, very young and pregnant women are most susceptible in these conditions and increased disorders of the unborn as well as stunted child development are very high risks.

#### **Progress and Results of Project in Lebanon**

The detailed planning and recruitment of the project began in January. The mobile clinic became fully operational on 23/1/17. The team consists of a male and female doctor, nurse and health promoter, and we coordinate with paid "community mobilisers" in each area. The team visit 18 Syrian refugee communities (tented settlements or unused/unfinished buildings) twice per month.

The focus is on mother and child health care, as these are always the most vulnerable in any refugee group. The clinic is provided with the essential drugs and consumables needed to manage common diseases, including life threatening respiratory and gastrointestinal infections, widespread parasitic infections, stress related illnesses and malnutrition. We also provide the only ante and post-natal care available for pregnant and breastfeeding women within these communities.

#### **Results to completion of Reporting year 31<sup>st</sup> March 2017 and of a further seven weeks**

At 10 weeks, (up until the end of March 2017 -- the Reporting Year conclusion), 2952 individuals had received direct care with 1689 individuals being made aware of the nature of disease and its prevention. The latter rose considerably after the first month. At 17 weeks after the project began, in early May 2017, 4,900 patients had been assessed and treated by the team, with thousands more benefiting from the regular health education/disease prevention sessions and polio/measles vaccination.

In order to ensure that this work is maintained a major fund raising effort was initiated by the Founding Trustee Simon Oliver after the starting date of this project and was very successful. A further was made to raise donations for the work in the Lebanese settlements after the closure of this year's report should be mentioned. A group of young men cycled from Geneva to Rome and were sponsored for the IDEALS project in Lebanon. The result was very good and contributed greatly to the £40,000 which it is estimated it will cost each half year.

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Epidemiological studies since World War 2 suggests that the long-term medical effects of this type of catastrophe will cross the generations.

#### **Future Projects**

The Charity retains the commitment to "Long term support" – including the areas of rehabilitation and disability support, as well as the development of primary medical services.

A full assessment of the Gaza Limb Reconstruction Work was undertaken by the Trustees Sarah Phillips, Graeme Groom and Andy Ferguson in May 2017. The results are yet to be discussed by the other Trustees but modifications and additions to the project are likely. The Trustees were determined to continue this aspect of the work as well as the extensive support for trauma care in Gaza and The West Bank. The non-trauma work involves the further establishment of Primary Health activities related to water supply and vaccination in Gaza.

#### **Reserves Policy**

The policy of the Charity is to keep reserves to a minimum and to ensure that all donations are assigned to beneficiaries as soon as possible.

#### **Financial Performance**

Expenditure during the year was covered by income and overall, reserve levels have increased greatly. This will greatly assist IDEALS in its future activities particularly in Lebanon. The Trustees have renewed the Group Travel policy during the year with particular cover for personal loss due to war or terrorism, in recognition of the dangerous territories in which IDEALS operates and the risks posed to our volunteers.

#### **Ethos of IDEALS**

The Charity has continued to focus on direct service delivery and is most grateful to the Trustees, and their professional colleagues who have voluntarily given their time, knowledge and expertise to provide medical training courses, inspiration and assistance with the development of medical services, in areas of the world affected by conflict or natural disasters.

The Charity continues to be run on a voluntary basis, with minimal overheads, but the association with other Charities and organisations is excellent and it is again emphasised that

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strong, uncompetitive, cooperation with them is recognised as imperative by the IDEALS' Trustees.

#### **Tributes and Thanks**

During this year, considerable assistance has been given from King's College Hospital for this work to continue. The Nursing and Physiotherapy Fellowships would not have been possible without the voluntary work of the King's Staff superimposed upon their very busy schedules. Ideals remains very grateful. Such voluntary involvement forms a very important part of the work of IDEALS but no successful attempt could be made to quantify the financial value of it in these accounts.

As in previous years the Trustees are very grateful to Barnes Roffe LLP, Chartered Accountants who have loyally followed our activities for several years and advised us on appropriate accountancy procedures and undertake this work without a fee. Ecce Media Ltd, is our volunteer web site specialists and we thank them for their continued and most generous professional support. It is true to say that both these excellent organisations have been vital in helping us to continue and have contributed greatly to our successes.

We have remained fortunate in our friends and colleagues "on the ground". We remain grateful to Mrs Fikr Shaloot, Director of the MAP Office in Gaza, for her and her staff's continued support and friendship in what is often very difficult and dangerous circumstances. In particular, we gratefully note the efficient support of MAP staff Mahmoud Shalabi and Shadi Alnajjar. We could ask for no better colleagues and we are greatly assisted with our work in Palestine by the numerous staff of the Ramallah and London offices.

Secretarial Support is essential and greatly valued. It has been excellent. At KCH, Elaine Havens, Graeme's Secretary has been a cheerful and hardworking colleague who rapidly and accurately produces the minutes of the Video conferences as well as being available for all the "extra" work required from the overseas and UK activity. Sarah Phillips' Secretary, Renuka Malhotra, has also been happy and willing to assist us in many matters which arise and, cheerfully, offers precise and rapid responses. My own Secretary and friend, Dawn Date,

**International Disaster and Emergency Aid with Long-term Support**

**Accounts for the Year Ended 31<sup>st</sup> March 2017**

**Trustees' Annual Report**

combines her willingness, with cheerful efficiency and never failing to cooperate while also ordering me in all matters where I need direction.

The Trustees also gratefully acknowledge all the voluntary and financial support received throughout the year which has enabled it to continue to bring relief to people whose lives have been affected by natural or man-made calamity.

My personal thanks are recorded by me for the loyal and excellent work by my fellow Trustees and to IDEALS (Honorary) Financial Controller Mr Leon Date for his loyalty and support.

- I declare, in my capacity as a charity trustee, that
  - the trustees have approved the report above; and
  - have authorised me to sign it on their behalf.

Signature:

  
Dr John Beavis - Chairman

Date

19<sup>th</sup> January 2018

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International Disaster and Emergency Aid with Long term Support

Accounts for the Year Ended 31 March 2017

Independent Examiner's Report

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I report on the accounts of the charity for the year ended 31 March 2017, which are set out on pages 20 to 23.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5) of the 2011 Act; and
- state whether particular matters have come to my attention.

**Basis of independent examiner's statement**

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the 2011 Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of accounts to be reached.



**Ben Bradley ACA**  
**Barnes Roffe LLP**  
Chartered Accountants  
Charles Lake House  
Claire Causeway  
Crossways Business Park  
Dartford  
Kent  
DA2 6QA

Date: 19/01/2018

International Disaster and Emergency Aid with Long term Support

Accounts for the Year Ended 31st March 2017

Receipts and Payments Account

	Unrestricted Funds 2017 £	Restricted Fund 2017 £	Total 2017 £	Total 2016 £
Incoming resources from donors	37,193	105,492	142,684	121,469
Gift Aid Tax Refunds	-		-	-
Investment income receipts	44	-	44	34
<b>Total receipts</b>	<u>37,237</u>	<u>105,492</u>	<u>142,728</u>	<u>121,503</u>
Costs of activities in furtherance of the objects of the charity	4,278	157,941	162,218	82,122
Fund Raising & Publicity	216	-	216	216
Management and Administration	2,310	3,900	6,210	3,300
Corporate Governance	146	-	146	302
<b>Total payments</b>	<u>6,949</u>	<u>161,841</u>	<u>168,790</u>	<u>85,940</u>
<b>Net receipts / (payments)</b>	30,288	(56,349)	(26,061)	35,563
Bank balances at 1 April 2016	88,500	25,454	113,954	78,391
Transfer Between Reserves	(38,960)	38,960	-	-
<b>Bank balances at 31 March 2017</b>	<u>79,828</u>	<u>8,065</u>	<u>87,893</u>	<u>113,954</u>

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International Disaster and Emergency Aid with Long term Support

Accounts for the Year Ended 31 March 2017

Statement of Assets and Liabilities at 31 March 2017

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	General Fund £	Restricted Fund £	Total 2017 £	Total 2016 £
<i>Monetary assets</i>				
Bank current account	50	-	50	3,350
Bank deposit account	78,268	8,065	86,333	110,604
Petty Cash - US Dollars	1,510	-	1,510	-
<b>Total</b>	<u>79,828</u>	<u>8,065</u>	<u>87,893</u>	<u>113,954</u>

The charity's trustees acknowledge their responsibilities for the preparation of the accounts.

The charity's trustees consider that the charity is entitled to exemption from the requirement to have an audit under section 43(2) of the Charities Act 1993.

The accounts were approved by the trustees on 19/01/2018 and signed on its behalf.

  
Dr John Beavis - Chairman

**International Disaster and Emergency Aid with Long term Support**

Accounts for the Year Ended 31 March 2017

**Receipts and Payments Account - Restricted Funds**

	Gaza Limb Recon- struction Training £	Gaza Water Project £	Lebanon Syrian Refugees £	Post Graduate Support £	TOTAL 2017 £	2016 £
Incoming resources from donors	27,000	40,613	21,665	16,214	105,492	67,664
<b>Total receipts</b>	<b>27,000</b>	<b>40,613</b>	<b>21,665</b>	<b>16,214</b>	<b>105,492</b>	<b>67,664</b>
<b>Costs of activities in furtherance of the objects of the charity;</b>						
Currency Purchase for Gaza Trip Expenses	18,513				18,513	14,630
Finance Management	3,900				3,900	3,300
Project Monitoring/Development		45,775			45,775	40,158
Travel & Accomodation	20,733				20,733	18,335
Training	1,110				1,110	-
Visa's	423				423	-
IDEALS Local Representative					-	977
IDEALS Local Partner			37,692		37,692	3,335
Equipment Purchase	19,444				19,444	-
Graduate Accomodation				11,135	11,135	-
General Expenses	2,583				2,583	-
Fees	450				450	-
Bank Charges		52	30		82	35
<b>Total payments</b>	<b>67,156</b>	<b>45,827</b>	<b>37,722</b>	<b>11,135</b>	<b>161,841</b>	<b>80,770</b>
<b>Net payments</b>	<b>(40,156)</b>	<b>(5,215)</b>	<b>(16,057)</b>	<b>5,079</b>	<b>(56,350)</b>	<b>(13,106)</b>
Bank balances at 1 April 2016	22,468	-	-	2,986	25,454	30,115
Transfer from General	17,688	5,215	16,057	-	38,960	8,445
<b>Bank balances at 31.3.17</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>8,065</b>	<b>8,065</b>	<b>25,454</b>



International Disaster and Emergency Aid with Long Term Support

Accounts for the Year Ended 31 March 2017

Fund Receipts and Payments Account - General

	Total 2017 £	Total 2016 £
Incoming resources from donors	37,193	53,805
Gift aid tax refunds	-	-
Investment income receipts	44	34
<b>Total receipts</b>	<u><u>37,237</u></u>	<u><u>53,839</u></u>
<b>Costs of activities in furtherance of the objects of the charity;</b>		
Charitable Projects - Gaza	-	210
Group Travel Insurance Premium	2,039	1,773
Fundraising & Publicity	216	216
Trustee Meeting Expenses	146	302
Additional Operational Costs	2,239	2,669
Records Archiving Costs	2,310	-
<b>Total payments</b>	<u><u>6,949</u></u>	<u><u>5,170</u></u>
<b>Net receipts / (payments)</b>	<b>30,288</b>	<b>48,669</b>
Transfer to Restricted Funds	(38,960)	(8,444)
Bank balances at 1 April 2016	88,500	48,275
<b>Bank balances at 31st March 2017</b>	<u><u>79,828</u></u>	<u><u>88,500</u></u>